

Join Girls on the Run

BUILD CONFIDENCE

FOR LIFE!

Girls on the Run is an after-school program led by trained, caring coaches who empower girls to activate their limitless potential.

Teams meet twice weekly beginning the week of Feb. 10th for 10 weeks, culminating in a celebratory 5K with friends and family on May 3rd in Baton Rouge.

**Girls on
the run®**



GIRLS ON THE RUN

- GOTR provides tools, training, and support girls need!
- No running experience is required.
- 3rd - 5th grade girls
- Teams meet twice a week for 90 minutes beginning the week of February 10th.



QUESTIONS?

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